

Cross Country

2018.

DIOCESAN TRIALS

DATE: 7th May

TIME: 9:00am- 3:00pm

VENUE: Holbrook

COST: \$15.00

MACKILLOP

DATE: Friday 15th June 2018

TIME: 7:30am - 3:00pm

VENUE: Sydney Motorsport Park, Ferrers Road, Eastern Creek

COST: \$45.00

TEAM MANAGERS

Lyne Witenden - Sacred Heart, Cootamundra

Ian Goodochkin - St Paul of the Cross, Dulwich Hill

Matt Evans - Lumen Christi, Pambula

PSSA

DATE: 27th July

VENUE: Eastern Creek

NSWCPS CHAMPIONSHIP INFORMATION

[Parking Map>>](#)

[Seating Allocation >>](#)

[Multi Class Student Information>>](#)

[Multi Class Qualifying Times>>](#)

[Event Order>>](#)

[2km Course Map >>](#)

[3km Course Map >>](#)

START LISTS

Start Lists can be found on the Multi Sport Website. <http://www.multisportaustralia.com.au>

Team Lists

Team Lists will be available the Tuesday before the carnival and can be found in Staff Documents

ELIGIBILITY

Students Must be enrolled in a CSSS affiliated school

Entry to be on a Diocesan basis only. Dioceses may enter a maximum of eight (8) athletes in each event. Additional competitors will only be permitted under exceptional circumstances at the MacKillop/Polding Sport Council's discretion.

DIVISIONS

The Championships shall be conducted over the following distances:-

8/9 Years - Boys 2000m and Girls 2000m

10 Years - Boys 2000m and Girls 2000m

11 Years - Boys 3000m and Girls 3000m

12/13 Years - Boys 3000m and Girls 3000m

Athletes competing in a Multi Class event - Boys 2000m and Girls 2000m

AGE

Competitors must compete in their own age group. i.e. The age they turn in the calendar year.

COMPETITOR NUMBERS

Competitors must have their athlete number clearly displayed on the front of their team shirt/singlet.

FOOTWEAR

All competitors must wear shoes. Spikes are not permitted. The track is not conducive to wearing spikes.

INDIVIDUAL MEDALS

Medals will be presented to the first three (3) placegetters in each event. Team Managers will be provided with certificates of participation for each primary competitor and will be responsible for distributing certificates.

TEAM MEDALS

All team members of the winning Primary Team in each event will receive medals. Please listen carefully to announcements to ensure competitors are at the presentation area at the appropriate time. The lowest cumulative score generated from the placings of the first five (5) runners will determine each Diocesan team placing. Where less than five (5) runners finish, last place points plus one will be awarded for each non-finishing runner. Ties will be split by the team's first runner's finishing position.

ATHLETES COMPETING IN A MULTI CLASS EVENT

Click Here for [More Information>>](#)

SELECTION FOR NSWCPS MACKILLOP AND POLDING TEAMS

The first six (6) place getters who qualify will be representatives on Polding and MacKillop at the NSW PSSA Championships. Polding and MacKillop Team Managers will be at the NSWCPS Championships to distribute information packages. Parents of selected students will complete the registration process, pay the levy and purchase uniform in the Hinxman Room at the conclusion of their race

SELECTION FOR SCHOOL SPORT AUSTRALIA CROSS COUNTRY

Primary students aged 13+ can compete at the NSW PSSA State Championships but cannot be selected to compete at the School Sport Australia National Exchange.

SPECTATORS AND COACHES

Spectators and Coaches are not allowed to run alongside a competitor at any time during the race.

PROTESTS

All Protests must be lodged in writing to the Carnival Organiser from the Team Manager within ten (10) minutes of the conclusion of the event. The Protest Committee will consist of Cross Country Course Manager, NSWCPS Cross Country Convener plus one NSWCPS Sports Council Member.

PROHIBITED EQUIPMENT

Students are not permitted to run with phones or earphones.

RESULTS

[2017 MacKillop Team Results>>](#)

[2017 MacKillop Multi Class Results>>](#)

[2016 MacKillop Results>>](#)

[2014 MacKillop Results>>](#)

[2013 MacKillop Results>>](#)

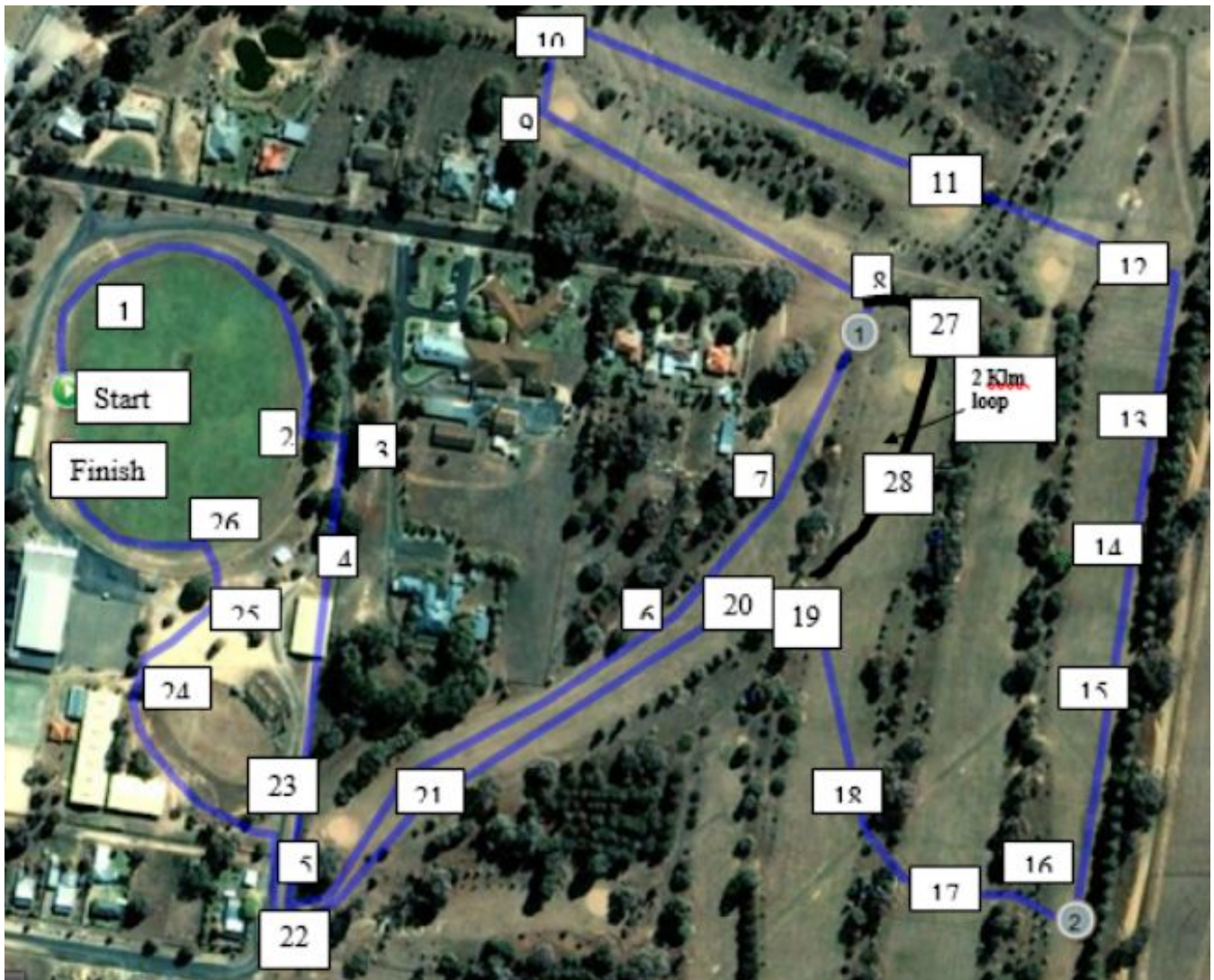
3 KLM Course Holbrook



2 KLM Course Holbrook

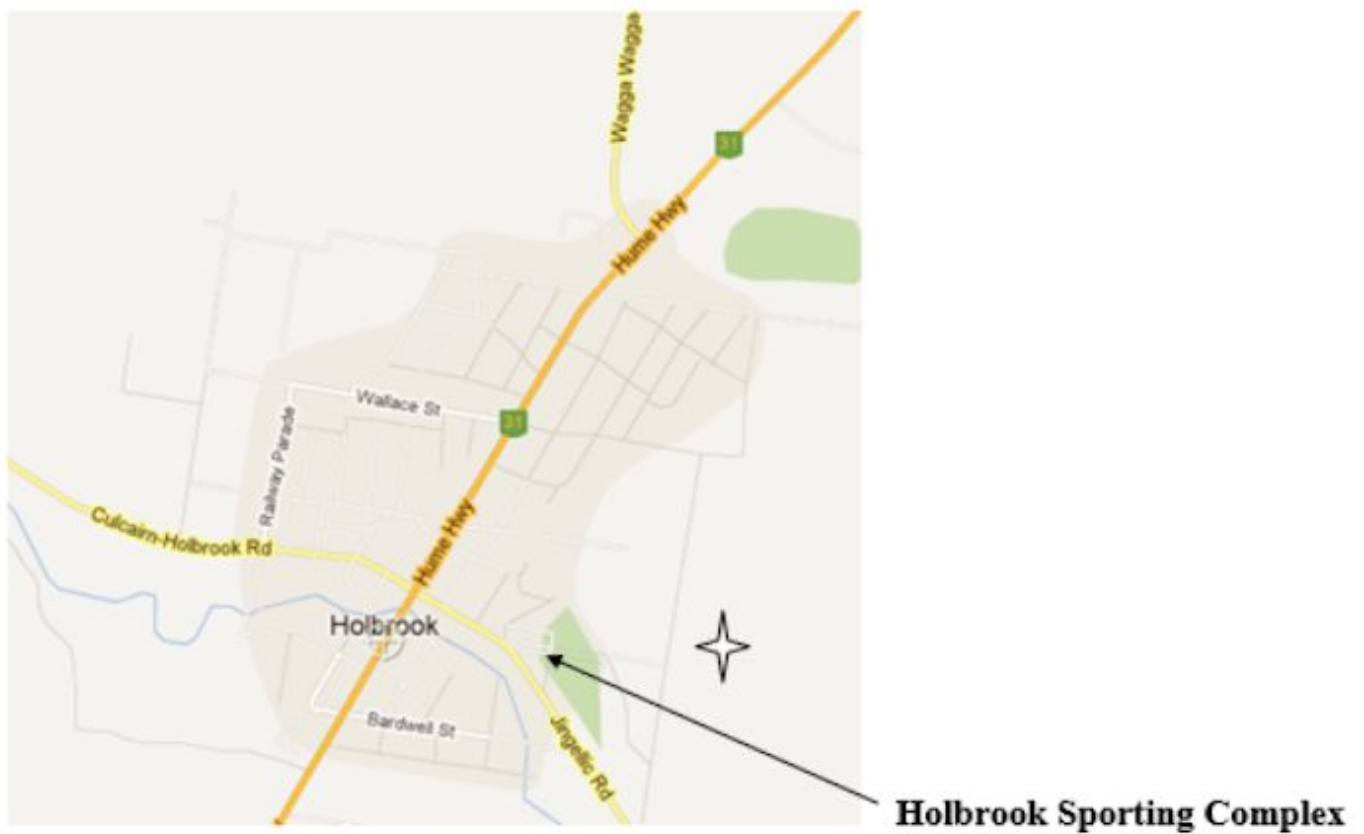


Check Points



Holbrook Sporting Complex

Car only entrance off Jingellic Rd Holbrook



Please click this link for CPS information:

<https://www.csss.nsw.edu.au/nswcps-crosscountry-nswcps-championship-information.aspx>

Questions? Please email sport@ww.catholic.edu.au